

## 1973 Region 1A at Austin – Saturday, May 2- windy & intermittent rain

**Teams:** Waseca 67, Blooming Prairie 49, LaCrescent 32, Northfield 30, Cannon Falls 24, Stewartville 21, Caledonia 20, Lake City 13.

### 100 Yard Dash

- 1 Tom Grote, CF 10.6
- 2 Pat Sheedy, BP 10.7
- 3 Pazera, Was 10.7
- 4 Harlos, LaCr 10.8
- 5 Beckel, Nor 10.9

### 220 Yard Dash

- 1 Pat Sheedy, BP 24.0
- 2 Brakke, BP 24.1
- 3 Pazera, Was 24.5
- 4 Link, Cal 24.7
- 5 Harlos, LaCr 24.8

### 440 Yard Dash

- 1 Tom Walsh, BP 49.9
- 2 Morrison, BP 51.4
- 3 Pazera, Was 52.2
- 4 Arveson, Was 54.1
- 5 Baird Roberson, L City

### 880 Yard Run

- 1 Art Hoehn, Was 2:05.0
- 2 Mike Kennedy, L City 2:06.8
- 3 Gass, Nor 2:09.2
- 4 VonArx, LaCr 2:09.2
- 5 Wyngrowitz, Was 2:11.8

### Mile Run

- 1 Matt Markus, Was 4:42.3
- 2 Sybilrud, Was 4:42.4
- 3 Schwanbeck, LaCr 4:48.4
- 4 Nobel, BP 4:52.8
- 5 Severson, LaCr 4:53.1

### Two Mile Run

- 1 Dave Maas, Was 10:31.4
- 2 Ray Serres, LaCr 10:58.2
- 3 Miller, Was 11:05.2
- 4 Banks, CF 11:06.3
- 5 Chandler, 11:19.4

### 120 Yard High Hurdles

- 1 Mark Schroeder, Cal 16.1
- 2 Cunningham, Was 16.1
- 3 Lee, Stew 16.6
- 4 Hanson, Was 16.6
- 5 Oliver, CF 17.1

### 180 Yard Low Hurdles

- 1 Mark Schroeder, Cal 21.3
- 2 Brown, Was 21.6
- 3 Cunningham, Was 22.0
- 4 Doug Lee, Stew 22.2
- 5 Schlichting, BP 22.6

### Pole Vault

- 1 Greg Rappe, Nor 12-6
- 2 Tom Elias, CF 12-0
- 3 Danaher, Cal 11-0
- 4 Bowe, CF 11-0
- 5 Seitz, Nor 11-0

### High Jump

- 1 Tom Nysteun, Nor 6-2
- 2 Brakke, BP 5-10
- 3 McManimon, Cal 5-10
- 4 Helgerson, LaCr 5-6
- 5 Groskreutz, Was 5-4

### Long Jump

- 1 Rick Serres, LaCr 20-0
- 2 Jimmie King, Stew 19-9
- 3 Sheedy, BP 19-7.75
- 4 Arveson, Was 19-4
- 5 Mike Kennedy, L City 18-10.5

### Shot Put

- 1 Tom Lofgren, Stew 46-4
- 2 Guy Holmes, L City 44-7.5
- 3 Cunningham, Was 43-4
- 4 Paulson, Nor 42-4
- 5 Voight, LaCr 41-10.75

### Discus Throw

- 1 Doug Cunningham, Was 146-4
- 2 Ryan, LaCr 130-0
- 3 Guy Holmes, L City 128-4
- 4 Bill Durbahn, Stew 123-8
- 5 Paulson, Nor 120-10

### 880 Yard Relay

- 1 Blooming Prairie 1:33.6 (Jeff Jenson, John Cashman, Keith Brakke, Pat Sheedy)
- 2 Northfield 1:33.8
- 3 LaCrescent 1:36.3
- 4 Cannon Falls 1:37.5
- 5 Stewartville 1:38.1

### Sprint Medley Relay

- 1 Cannon Falls 3:45.7 (John Soule, Ron Grote, Tim Reinke, Mike McInerny)
- 2 Waseca 3:50.2
- 3 Blooming Prairie 3:52.3
- 4 Northfield 4:04.0
- 5 Stewartville 4:05.2

### Mile Relay

- 1 Blooming Prairie 3:29.5 (Russ Maaske, Keith Brakke, Paul Morrison, Tom Walsh)
- 2 Northfield 3:34.6
- 3 LaCrescent 3:37.1
- 4 Stewartville 3:45.5
- 5 Waseca 3:46.5

**Notes:**